



Cabrera takes the fastest race, the K1 200m.

Records fall in minor classes

National Championships

Having all the competitors with their cars and shelters on the north side of the course meant that most could be nearer to the finish line although much further from the facilities at Holme Pierrepont.

A warm but cloudy weekend with a light following wind offered potential for some fast times on the water although course record

breaking was confined to classes with smaller entries, the C1s and para events despite the latter not working through to finals.

The new C1 records were all over 500m. Tom Lambert of Lincoln took the men's to 1:53.13, Bethany Gill of Nottingham dropped the women's time to 2:11.01 and Andor Szalontai set the junior record at 2:25.77 for Richmond. In the men's kayaks Cabrera of Fowey took the



Lambert wins the C1 1km by 24 seconds.



Lambert was the only entry in the men's C1 5km races.



The girls' under 18 1km goes to De Bilio on the far side.



Girl overboard in the under 16 500m.



Richmond's Szalontai and Keane, the only junior C1s over 500m.