

Johnson of Nottingham through the portage the first two times in the women's race, the rest of the field well back, then Johnson ahead for the remaining portages but Russell getting ahead when it mattered.

Confusingly, the men's race saw Russell of Nottingham leading the whole way with Johnson of Chelmsford the only one close.

The C1 5km races were merged as Lambert was the only male entry, Palmer of Reading and Gill of Nottingham being the rest of the race, Palmer ahead at the first portage but then Gill taking the lead.



*A clear win in women's C1 5km for Gill.*

**200m: K1MiniA:** 1 N Barat-Farkas, Elmbridge, 56.37. 2 Q Paris, Glasgow, 56.54. 3 E Tingay, Leighton Buzzard, 59.38.

**K1MiniB:** 1 I Krystyniak, Glasgow, 1:12.28. 2 T Pope, Wolverhampton, 1:12.44. 3 R Wilson, Glasgow, 1:21.50.

**K1GU14:** 1 R Shephard, Reading, 50.62. 2 A De Bilio, Royal, 52.47. 3 L Small, Wolverhampton, 52.55.

**K1GU16:** 1 D De Bilio, Royal, 46.01. 2 S Green, Wolverhampton, 47.43. 3 M Burton, Elmbridge, 47.82.

**K1GU18:** 1 D De Bilio, Royal, 45.11. 2 C Fulford, Reading, 46.30. 3 K Sklenarova, Norwich, 46.55.

**K1WU23/S:** 1 E Lewis, Worcester, 40.53. 2 D Kerr, Anker Valley, 41.04. 3 A Burgess, Wey, 42.72.

**K1BU14:** 1 F Meredith, Elmbridge, 44.70. 2 H Blanchard, Norwich, 46.34. 3 H Hartland, Banbury, 46.86.

**K1BU16:** 1 T Patterson, Scottish Performance, 38.57. 2 F Heard, Exeter, 38.59. 3 S Sparks, Royal Leamington Spa, 39.84

**K1BU18:** 1 T Hatton, Richmond, 37.72. 2 I Aveson, Richmond, 38.55. 3 R Strachan, Scottish Performance, 38.87.

**K1MU23/S:** 1 B Cabrera, Fowey, 36.53. 2 T Thomson, Ealing, 36.67. 3 H Cooke-Bayley, Nottingham, 37.09

**C1:** 1 B Keane, Richmond, 53.72. 2 A Szalontai, Richmond, 54.34. 3 H Toovey, Scottish Performance, 1:03.76.

**C1W:** 1 B Gill, Nottingham, 40.33. 2 A Fitzhenry, Belfast, 50.68. 3 A Palmer, Reading, 52.59. **C1M:** 1 T Lambert, Lincoln, 41.73. 2 G Bell, Fladbury, 43.16. 3 S Shnaider, Glasgow, 45.54.

**K2MiniA/B:** 1 Barat-Farkas/Bates, Elmbridge/Leighton Buzzard, 59.27. 2 Paris/Slizowski, Glasgow, 59.65. 3 Kirtland/Tingay, Bishop's Stortford/Leighton Buzzard, 59.78.

**K2WU23/S:** 1 Green/Pocklington, Worcester/Nottingham, 40.83. 2 Montagna/Urquhart, Royal/Nottingham, 44.61. 3 Hall/Perry, Wey, 45.64.

**K4MiniA/B:** 1 Leighton Buzzard+, 54.33. 2 Glasgow, 55.28. 3 Glasgow+, 1:12.99.

**500m: K1MiniA:** 1 N Barat-Farkas, Elmbridge, 2:29.74. 2 Q Paris, Glasgow, 2:33.14. 3 F Slizowski, Glasgow, 2:34.50.

**K1MiniB:** 1 I Krystyniak, Glasgow, 3:07.94. 2 T Pope, Wolverhampton, 3:08.11. 3 R Wilson, Glasgow, 3:51.49.

**K1GU14:** 1 R Shephard, Reading, 2:05.45. 2 A De Bilio, Royal, 2:18.40. 3 L Small, Wolverhampton, 2:20.72.

**K1GU16:** 1 M Burton, Elmbridge, 2:02.84. 2 R Shephard, Reading, 2:03.68. 3 I Field, Elmbridge, 2:05.60.

**K1GU18:** 1 D De Bilio, Royal, 1:59.70. 2 A Bates, Richmond, 2:00.85. 3 S Dunlop, Elmbridge, 2:01.83.

**K1WU23/S:** 1 K Armstrong, Scottish Performance, 1:52.92. 2 E Lewis, Worcester, 1:53.36. 3 E Russell, Chelmsford, 1:53.39.

**K1BU14:** 1 F Meredith, Elmbridge, 1:56.76. 2 E Stroud, Wey, 2:01.12.

3 J Morgan, Reading, 2:01.48.

**K1BU16:** 1 F Heard, Exeter, 1:48.13. 2 T Patterson, Scottish Performance, 1:49.48.

3 F Fowler-Rimell, Worcester, 1:51.72.

**K1BU18:** 1 T Hatton, Richmond, 1:44.94. 2 P Ehmrooth, Devizes, 1:45.84.

3 O Mazur, Reading, 1:46.83.

**K1MU23/S:** 1 D Johnson, Nottingham, 1:39.27. 2 T Lusty, Solihull, 1:40.70.

3 M Johnson, Nottingham, 1:41.30.

**C1J:** 1 A Szalontai, Richmond, 2:25.77. 2 B Keane, Richmond, 2:28.04.

**C1W:** 1 B Gill, Nottingham, 2:11.01. 2 A Fitzhenry, Belfast, 2:13.21.

3 A Palmer, Reading, 2:26.73.

**C1MU23/S:** 1 T Lambert, Lincoln, 1:53.13. 2 G Bell, Fladbury, 2:01.20.

3 S Shnaider, Glasgow, 2:06.18.

**K2GU14:** 1 Drobik/Kowal, Glasgow, 2:15.33. 2 A De Bilio/Small, Royal/Wolverhampton, 2:15.88. 3 Gohar/Morrissey, Richmond/Nottingham, 2:23.70.

**K2GU16:** 1 Field/Mckernan, Elmbridge, 1:56.36. 2 A De Bilio/D De Bilio, 1:58.44.

3 Holt/Shephard, Richmond/Reading, 2:00.07.

**K2GU18:** 1 Scrivener/Sklenarova, Falcon/Norwich, 1:54.22.

2 Brittle/Dunlop, Elmbridge, 1:55.81. 3 Green/Toovey, Wolverhampton/Glasgow, 1:58.59.

**K2WU23/S:** 1 Armstrong/Clark, Olympic, 1:44.02. 2 Guest/King, Nottingham/Royal, 1:49.68.

3 Green/Urquhart, Worcester/Nottingham, 1:52.99.

**K2BU14:** 1 Hartland/Stroud, Banbury/Wey, 1:55.52.

2 Barnett/Mason, Reading/Devizes, 1:57.76. 3 Morgan/Wade, Reading, 1:58.99.

**K2BU16:** 1 Fowler-Rimell/Hunter-Hopkins, Worcester/Devizes, 1:48.24.

2 Eskriett/Pitt, Gailey/Royal, 1:45.53. 3 Pearce/Selini, Richmond, 1:47.78.

**K2BU18:** 1 Heard/Mazur, Exeter/Reading, 1:37.92. 2 Hartney/Hatton, Richmond, 1:38.53.

3 Sroka/Strachan, Scottish Performance, 1:38.75.

**K2MU23/S:** 1 Cabrera/Holland, Fowey/Wey, 1:32.46. 2 Collinge/Miles, Fowey/Royal Leamington Spa, 1:33.42. 3 Hinves/O Connor, Southampton/Richmond, 1:33.80.

**K4MiniA/B:** 1 Leighton Buzzard+, 2:14.49. 2 Glasgow, 2:14.88. 3 Glasgow+, 2:58.44.

**K4GU14:** 1 Scratch, 2:00.08. 2 Glasgow+, 2:13.35. 3 Nottingham/Richmond, 2:16.95.

**K4GU16:** 1 Elmbridge, 1:53.12. 2 Richmond+, 1:53.46. 3 Scratch, 1:59.35.

**K4GU18:** 1 Elmbridge, 1:47.00. 2 Nottingham/Glasgow, 1:52.35.

**K4WU23/S:** 1 Olympic, 1:36.25. 2 Scratch, 1:43.17. 3 Nottingham+, 1:44.03.

**K4BU14:** 1 Falcon+, 1:49.39. 2 Scratch, 1:52.72. 3 Reading/Devizes, 1:53.63.

**K4BU16:** 1 Scratch, 1:35.12. 2 Scratch, 1:38.15. 3 Royal+, 1:45.45.

**K4BU18:** 1 Scratch, 1:25.89. 2 Scottish Performance, 1:34.28.

3 Chelmsford/Bishop's Stortford, 1:39.44.

**K4MU23/S:** 1 Scratch, 1:24.47. 2 Scratch, 1:30.43. 3 Banbury+, 1:47.66.

**C2:** 1 Bell/Schnaider, Fladbury/Glasgow, 1:57.49.

2 Toovey/Weckowski, Scottish Performance/Glasgow, 2:15.93.

**1km: K1GU16:** 1 R Shephard, Reading, 4:23.29. 2 M Burton, Elmbridge, 4:29.50.

3 I Field, Elmbridge, 4:33.65.

**K1GU18:** 1 D De Bilio, Royal, 4:12.52. 2 K Sklenarova, Norwich, 4:12.56.

3 A Bates, Richmond, 4:14.22.

**K1WU23/S:** 1 E Russell, Chelmsford, 4:02.52. 2 M Johnson, Nottingham, 4:06.05.

3 K Brookes, Worcester, 4:06.79.

**K1BU16:** 1 F Heard, Exeter, 3:54.74. 2 F Fowler-Rimell, Worcester, 3:56.53.

3 A Hunter-Hopkins, Devizes, 3:57.91.

**K1BU18:** 1 T Hatton, Richmond, 3:45.13. 2 W Stevely, Scottish Performance, 3:46.68.

3 S Dickson, Falcon, 3:46.99.

**K1MU23/S:** 1 D Johnson, Nottingham, 3:31.99. 2 M Collinge, Fowey, 3:34.00.

3 J Russell, Nottingham, 3:34.25.

**C1:** 1 T Lambert, Lincoln, 4:02.56. 2 S Shnaider, Glasgow, 4:27.21.

3 M Weckowski, Glasgow, 4:54.16.

**K2GU14:** 1 Drobik/Kowal, Glasgow, 4:36.36.

2 A De Bilio/Small, Royal/Wolverhampton, 4:38.45. 3 Nagy/Raynor, Reading/Exeter, 5:12.57.

**K2MixU14:** 1 Morgan/Shephard, Reading, 4:02.49. 2 Ayrav/Small, Falcon/Wolverhampton, 4:20.80. 3 Mangiantini/Wickenden, Royal/Banbury, 4:22.33.

**K2MixU16:** 1 Eskriett/Green, Gailey/Wolverhampton, 3:51.08.

2 D De Bilio/Pitt, Royal, 3:53.57. 3 Burton/Taylor, Elmbridge, 3:54.04.

**K2MixU18:** 1 Dunlop/Mazur, Elmbridge/Reading, 3:45.83.

2 Dickson/Scrivener, Falcon, 3:46.40. 3 Sklenarova/Worgan, Norwich/Richmond, 3:47.93.

**K2MixU23:** 1 Holland/Urquhart, Wey/Nottingham, 3:41.97. 2 King/Smith, Royal, 3:46.74.

3 Hinves/Payne, Southampton/Chelmsford, 3:48.71.

**K2Mix:** 1 Johnson/Johnson, Nottingham, 3:39.36. 2 Murphy/Walsh, Nottingham, 4:00.13.

**K2BU14:** 1 Hartland/Stroud, Banbury/Wey, 3:33.82. 2 Morgan/Wade, Reading, 3:35.69.

3 Barnett/Mason, Reading/Devizes, 3:36.68.

**C2:** 1 Toovey/Weckowski, Scottish Performance/Glasgow, 4:42.08.

**5km: K1WU23/S:** 1 E Russell, Chelmsford, 20:56.55. 2 M Johnson, Nottingham, 20:57.32.

3 De Bilio, Royal, 21:22.76.

**K1MU23/S:** 1 J Russell, Nottingham, 18:25.38. 2 M Johnson, Chelmsford, 18:26.60.

3 M Collinge, Fowey, 18:41.58.

**C1W:** 1 B Gill, Nottingham, 23:57.91. 2 A Palmer, Reading, 25:12.28.

**C1M:** 1 T Lambert, Lincoln, 22:15.75.