



Csima, Martinou and Block on the towpath run.



Green, fastest M60 in the sprint distance.



M60 winner Cooke.



Former wild water racer McAdam.

way. Martinou had over two minutes of lead by now but the kayak was his weak leg while Csima is usually far faster than anyone else. Such was the case this time. Csima was four and a half minutes faster than Block. Oliver Fairbairn and Cooke both beat Martinou in kayaks. Csima was over 12 minutes faster than Martinou in kayaks, a gap which would not be addressed easily.

Martinou, an M40, pulled four minutes back on Csima on the run and nearly 12 minutes on Block, these two both M50s. Block also had to concede time to Fairbairn, Cooke, Gareth Crabb, Neil Marley and Orna Otoole.

Overall, Csima took the win from Martinou again, for the European title by six minutes with Block in third place by another 13 minutes. Russell took the women's title from Rose Durrant by 4 mins 40 secs with a time that would have placed her 8th overall.

The relay teams produced some faster times, as would be expected, the pair from Royal Leamington Spa in fourth place between Block and Fairbairn.

The sprint distance race went to Jason Fray from Graham Tiffany, Dianne Hubber and another half dozen women.

As usual, for much of the race it was possible to stand on the A18 bridge and see cyclists and runners going over it and kayaks going under it, in either direction for each, over three different lengths of course, organized chaos which Lincsqad managed to keep under control to produce an event well up to their usual standard.

SpD: 1 J Fray, 1:39:06. 2 G Tiffany, 2:03:07. 3 D Hubber, 2:10:35.

MD: F: J: 1 H Ball, 3:31:25.

E: 1 R Durrant, 3:08:13. 2 L Quinn, 4:04:42.

O: 1 H Russell, 3:03:33. 2 R Durrant, 3:08:13. 3 O Otoole, 3:16:50.

M40: 1 T Oetgen, 3:26:46. 2 C Addy, 3:57:50.

M50: 1 H Russell, 3:03:33. 2 O Otoole, 3:16:50. 3 C Jones, 4:28:50.

E: 1 O Fairbairn, 2:51:37.

O: 1 F Csima, 2:29:59. 2 L Martinou, 2:35:45. 3 J Block, 2:48:40.

4 Royal Leamington Spa, 2:50:21. 5 O Fairbairn, 2:51:37. 6 Glanford & Scunthorpe All Stars, 2:53:50. 7 I Cooke, 2:54:02. 8 S Jolly, 3:05:44. 9 P Jumeau, 3:07:51. 10 N Marley, 3:08:33.

O/A: 1 F Csima, 2:29:59. 2 L Martinou, 2:35:45. 3 J Block, 2:48:40.

4 Royal Leamington Spa, 2:50:21. 5 O Fairbairn, 2:51:37. 6 Glanford & Scunthorpe All Stars, 2:53:50. 7 I Cooke, 2:54:02. 8 H Russell, 3:03:33. 9 S Jolly, 3:05:44.

10 P Jumeau, 3:07:51. 11 R Durrant, 3:08:13. 12 N Marley, 3:08:33. 13 119, 3:09:22.

14 C Jones, 3:11:12. 15 G Crabb, 3:15:46. 16 Glanford & Scunthorpe Superstars, 3:16:40.

17 O Otoole, 3:16:50. 18 P Chappill, 3:23:11. 19 Apes, 3:23:51. 20 W Smith, 3:32:52.

M40: 1 L Martinou, 2:29:59. 2 N Marley, 3:08:33.

M50: 1 F Csima, 2:29:59. 2 J Block, 2:48:40. 3 S Jolly, 3:05:44. 4 G Crabb, 3:15:46.

5 W Smith, 3:23:52. 6 L Ball, 3:25:20.

M60: 1 I Cooke, 2:54:02. 2 P Jumeau, 3:07:51. 3 C Jones, 3:11:12. 4 P Chappill, 3:23:11.

S: 1 J McAdam, 3:29:18.

T2: 1 Royal Leamington Spa, 2:50:21. 2 119, 3:09:22.

T4: 1 Glanford & Scunthorpe All Stars, 2:53:50. 2 Glanford & Scunthorpe Superstars, 3:16:40. 3 Apes, 3:23:51.